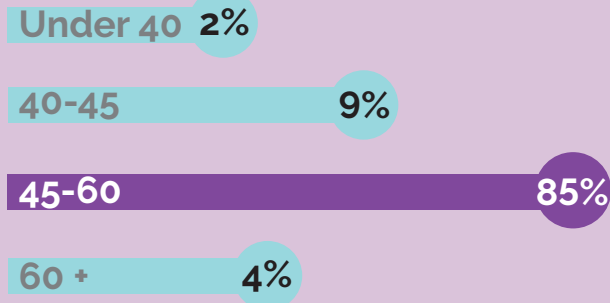




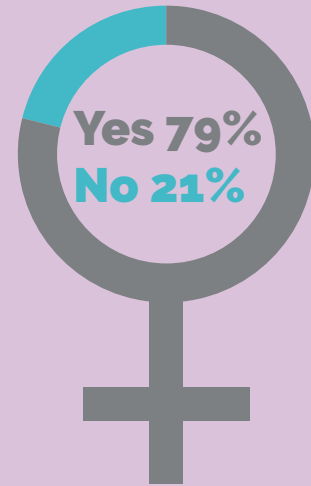
# Menopause care for women

2920 responses

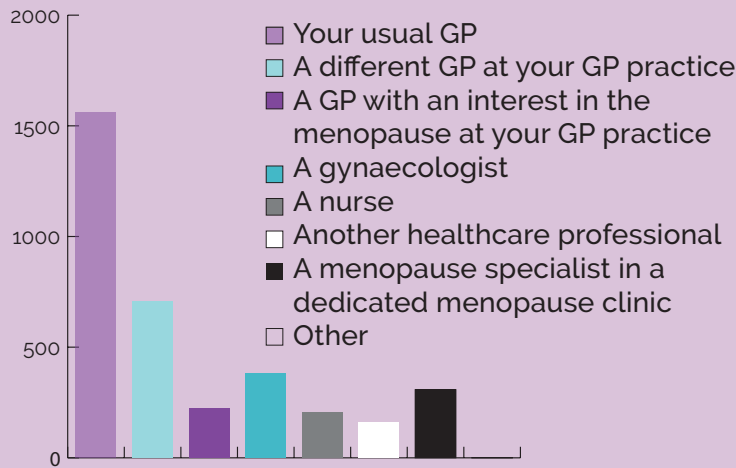
## Age



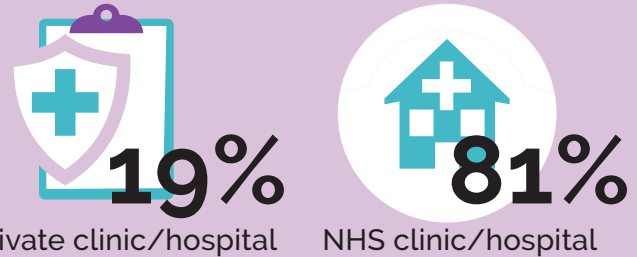
Have you seen a healthcare professional about your perimenopausal or menopausal symptoms?



Who have you seen to receive advice and treatment about your perimenopause or menopause?



Where did you see the healthcare professional who helped you the most?



Which of the following is true regarding the management of your perimenopause/menopause?

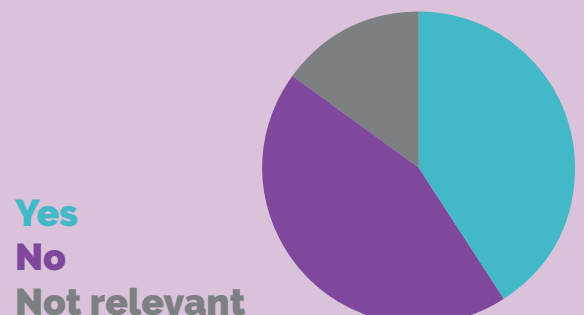
- Received excellent care from my GP
- Received excellent care from another healthcare professional
- Received good care but it has taken several months to access this
- Frustrated with the care I am currently receiving
- Seen numerous doctors but I am still not receiving adequate care
- Very disappointed with the level of care I have received by my GP
- Other



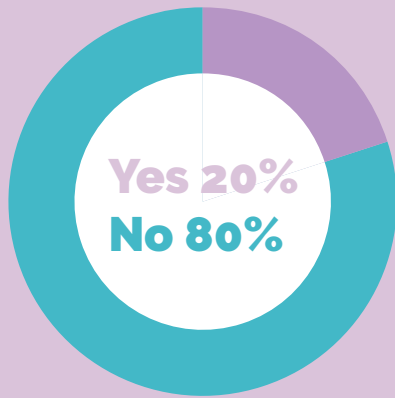
Are you aware of the NICE guidelines on the diagnosis and management of the menopause?



Did your doctor or healthcare professional do a blood test to assess your hormone levels?

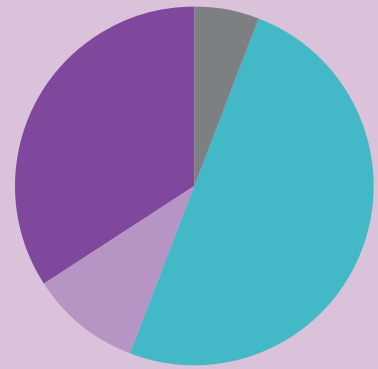


Have you been referred to a hospital for appointments and/or investigations which are likely to be related to your perimenopause or menopause (eg. migraine clinic, scans, heart tests)?

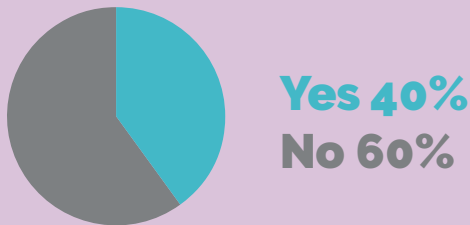


Approximately how many hospital appointments and/or investigations did you have before a healthcare professional thought your symptoms were related to your changing hormone levels?

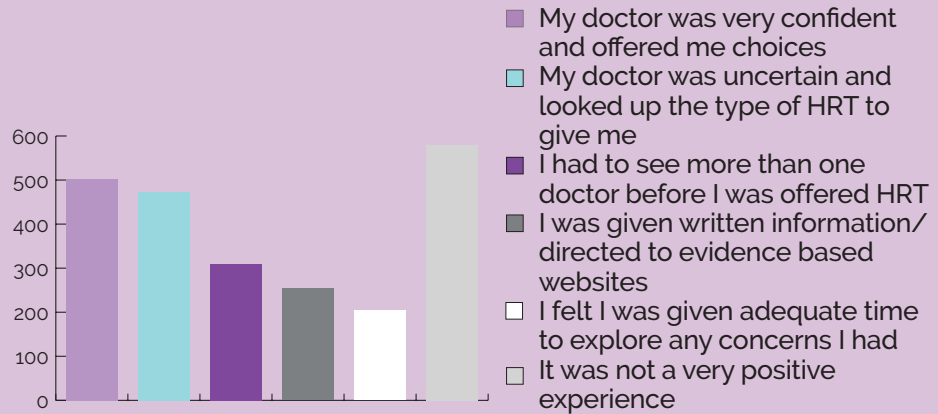
**1 = 34%**  
**1-5 = 50%**  
**5-10 = 10%**  
**10+ = 9%**



Have you ever been offered HRT by a doctor or other healthcare professional?



How would you best describe your experience with being prescribed HRT?



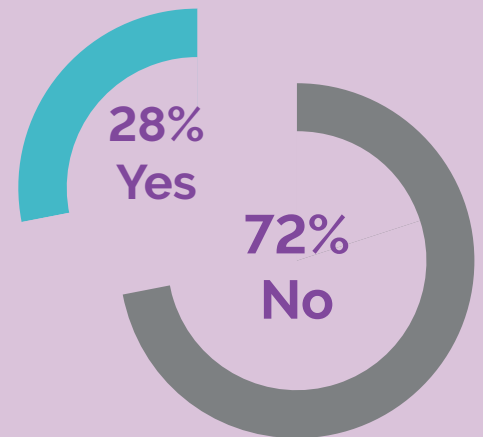
Have you been offered antidepressants for low mood associated with your perimenopause or menopause?



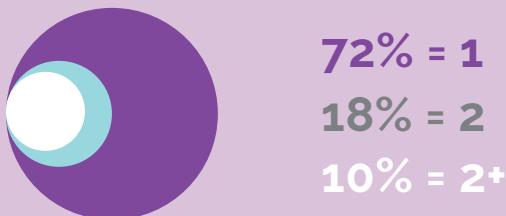
Were the antidepressants offered instead of HRT?



Has a healthcare professional ever discussed lifestyle choices (eg. diet and exercise) with you for your perimenopause or menopause?



How many different types of antidepressants have you been offered?



Overall what has your experience been of receiving evidence based, non-biased care for your perimenopause or menopause?



**2.52 Average Rating**